

Kea's Major Roles as Five Element Practitioner

Gardener

An Ounce of Prevention is worth a pound of cure.

By preparing the earth and thinking like a wise farmer, one works *with* the body to improve physiologic symptoms – thus, the progression of illness is prevented.

This is the realm of the “substantial” and the “practical;” to be happy, healthy, and wise, one must have a solid practical life. This usually breaks down into the simple but profound coaching on life basics, including the “how-to”s of eating, sleeping, appropriate activity levels, and herbal allies.

We are Nature

Kea's guiding principle is to assist Nature within each person to re-establish balance, to do this on the deepest level, thus helping the patient to thrive.

Tracker

Watching for Threads and Deeply Woven Patterns

Kea can be heard reassuring her patients: “You are right on track,” and she offers course corrections when necessary. Seeing clients as already whole, Kea has a strength-based and life-affirming approach – a vital attitude for clients going through transitions. She looks for and encourages the inherent wisdom within each client.

During visits, Kea covers a wide range of “symptoms,” including emotions, physical sensations, mental patterns, and subtle body energy patterns. All of this information, including the client's color, sound, smell, and pulse picture weave a pattern which Kea then treats. She tracks which fundamental force of nature has faltered within the individual and then treats this.

Where am I?

We all go through healing stages and phases. This is where Kea's skill as tracker come deeply in handy. They help the client know where they are in relationship to their healing, providing clear guidance, clarity, and often quite needed faith and inspiration to keep going or, conversely, to be more comfortable where they already are.

Midwife

Rather than picking apart the historic self, it is much more productive to cultivate the emergent self. – Joan Shivarpita

As human beings, we are here to transform. Kea provides a deep and grounded “life line” during times of transformation and “birth.” She is able to take a humorous and insightful approach to these life transitions.

Kea tunes into signs of Ripeness and Readiness for the next stage of growth. She looks at signals in the moment while holding the big picture of the client and the process/archetype they are in. She helps to identify energetic blocks and facilitates them

to the next stage using the spirit of the points to remove energy blockages that the mind cannot unwind on its own.

Madrina: Protector of the Soul

La Madrina holds up high-spiritedness. In ancient myths she is the one who encourages spiritual audacity. She has a willingness to go against the grain for the sake of the soul. – Dr. Clarissa Pinkola Estes

Kea encourages her clients to have a bigger and deeper perspective on life. Instead of a mechanistic-reductionistic perspective, Kea looks for the invisible and big-picture realities at work.